

INTERNET SAFETY

Best Practices - 8 Steps to keeping your family safe

Why Keep our Kids Safe?

- 37% of young people experience cyberbullying on a highly frequent basis.
- 7 in 10 young people are victims of cyberbullying.
- 81% of youth said that others cyberbully because they think it's funny.
- A 2012 survey of 2,136 teen boys and girls found that over a quarter of the participants reported having sent sexually explicit photos of themselves.
- 36% of teen girls and 39% of teen boys say it is common for nude or semi-nude photos to get shared with people other than the intended recipient.

Best Practices

- 1. Keep all Devices, and device usage in a common place.**
 - Devices should not be used in a closed bedroom.
 - Devices should be put in a common place at night (bedtime).
- 2. Know ALL passwords and logins.**
 - If you have a mobile device, have your child's email come to your device.
- 3. Set Limits.**
 - How, where, when, why and how long
 - Be consistent!
- 4. Set proper expectations of guidelines.**
- 5. Conduct regular, unannounced device checks.**
 - Follow through!
- 6. Know what parental controls already exist on a device.**
 - If not, find someone who does.
- 7. Use the "Buddy System".**
 - Let other parents know what rules you have.
 - Help each other to enforce these rules.
- 8. Sign/Create a Contract.**
 - Family Contract - <http://goo.gl/tKeXGf>
 - Kids Pledge - <http://goo.gl/177uXo>



Credits and other Resources

- Safe Kids Worldwide - <http://www.safekids.org/>
- Family Online Safety Institute - <https://www.fosi.org/>
- Sexting Facts and Stats - <http://resources.uknowkids.com/facts-stats-sexting>
- Bullycide Facts & Stats - <http://resources.uknowkids.com/facts-stats-bullycide>
- unknowkids Resources - <http://resources.uknowkids.com/>
- Mobile Device Parental Controls - <http://goo.gl/yACppe>